

# SO SCHÜTZEN WIR UNS.

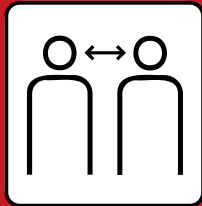


ዝተሓደሰ ኣብ 22.03.2021

## ንኮሮና ጠጠው ምባል



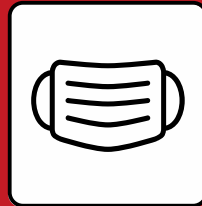
ብዝተኸለለ መጠን ምስ ዝወሓደ ሰባት ምርኽባብ።



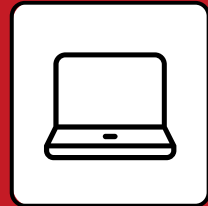
ርሕቆት ምግባር።



ማስኬራ ምኽዳን ኣድላይ'ዩ ለንድሕር ርሕቆት ምግባር ዘይክለል ኮይኑ።



ኣብ ህዝባዊ ቦታታት፣ ኣብ ህዝባዊ መገናኛ ከምኡ'ውን ኣብ ቦታ ስራሕ ማስክ ክኸደን ኣለዎ።



ብዝተኸለለሉ መጠን ኣብ ገዛ ክሰራሕ ኣለዎ።



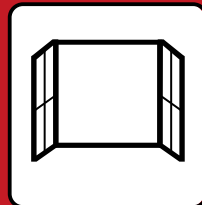
ኣእዳው ብጽኑዕ ምሕጽብ።



ኣብ መንዳል ወይ ኣብ ኩርናዕ ምናት ምስዓልን ሊንጥሽ ክግበርን ኣለዎ።



ብኣድ ሰላም ምባል ክውገድ ኣለዎ።



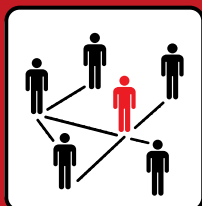
ኩሉ መዓልቲ ብዝተደጋጋሚ ምንፋስ።



ፍጻሜታት፣ ብወግዲ ተኸልኪሉ ብግሊ ካብ 10 ሰብ ክበዝሕ የብሉን ምርኽባብ ኣብ ህዝባዊ ቦታ ካብ 15 ሰብ ክበዝሕ የብሉን



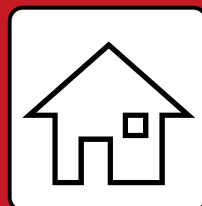
ምልክታት ሕማም ምስተቐልቀሉ ብቐልጠ-ፍ መርመራ ክግበርን ኣብ ገዛ ክትረፍን ኣለዎ።



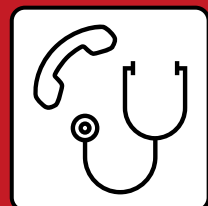
ኣሰራት ካብይ ከምዝመጽኡ መታን ክፍለጥ ኩሉ ግዜ ምሉእ ሓበሬታ ርክብ ክሕበር ኣለዎ።



ሰንሰለታት ልብዓ ጠጠው ምባል፣ ንSwissCovid ኤፕ ዳውንሎድ ምግባርን ምውላዕን



ኣብ ኣወንታዊ መርመራ፣ ግለሰብ፣ ኣብ ርክብ ምስ ኣወንታዊ/ፖሊቲካ ገተመርመረ ሰብ፣ ውሽጥ ንሕመም/ጻራንተይን።



ጥራይ ድሕሪ ብተሌፎን ዝተገብረ ምዝጋብ ኣብ ቤት-ጽሕፈት ሓኪም ወይ ኣብ ጭንፈር ህጹጽ ኩነታት።

[www.foph-coronavirus.ch](http://www.foph-coronavirus.ch)

ሕጋዊ ከከም ክፍለ-ሃገር ክፈላለዩ ይኸለሉ