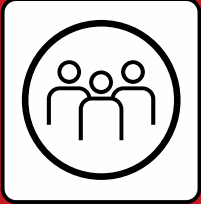


SIDA LOO ILLAALIYO NAFSADAADA.

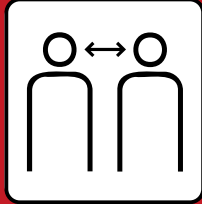


Cusbooneysiinta ugu dambeysay ee 22.03.2021

JOOJI CORONA



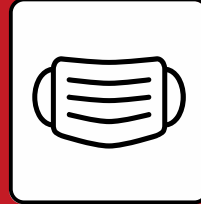
La kulan tirada ugu yar ee dadka suurto-galka ah.



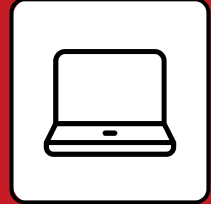
Joogtey ka fogaanshahaaga.



Maaskarooyinka waa waajib haddii aysan suurto-gal aheyn inaad ka fogaatid



Maaskarooyinka qasabka ee meelaha dadweynaha, ee gaadiidka dadweynaha iyo goobta shaqada.



Xafiiska guriga qasabka ah meesha ay quseyso.



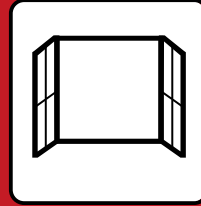
Dhaqo gacmahaaga oo dhan.



Ku qufac oo ku hindhis gacmaha istiraasho ama qalooqa garabkaaga.



Ka fogow gacmo salaamida.



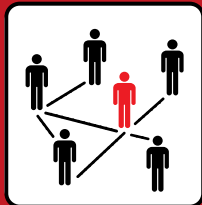
Hawo bixi dhoor jeer maalintii.



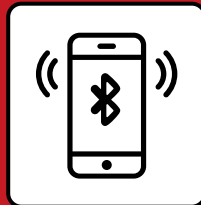
Dhacdooyinka: Mamnuuca ka ah dadweynaha Ee gaarka ugu Badan. 10 qofood. Usu imaanshaha booska dadweynaha ugu badnaan. 15 qofood.



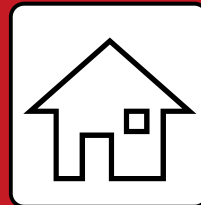
Haddii aastaamaha ay dhacaan, hala baaro islamarkiiba oo guriga joog.



Marwalba bixi shaxaada xiriir buuxo oo raadraacida.



Si loo joojiyo silsiladaha caabuqa: dajiso oo daar app-ka SwissCovid.



Haddii baaritaanka laga helo: Gooniyeynta. Haddii ay jiraan u dhawaanshaha qofka baaritaanka laga helay: iskaraintii.



Kaliya booqo xafiiska dhaqtarka ama qeybta gurmada kadib markii aad balAn ku sameysatid balan taleefon ahaan.

www.foph-coronavirus.ch

Sharciyada way ka duwanaa karaan Canton ku Canton